

1 **Shaping and Locomotion of Soft Robots using Filament Actuators Made from**  
2 **Liquid Crystal Elastomer-Carbon Nanotube Composites**

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13 **Keywords:** liquid crystal elastomers, soft robots, carbon nanotube composite filaments,  
14 photoresponsive, electroresponsive

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16 **Abstract:** Soft robots, with their agile locomotion and responsiveness to environment, have  
17 attracted great interests in recent years. Liquid crystal elastomers (LCEs), known for their  
18 reversible and anisotropic deformation, are promising candidates as embedded intelligent actuators  
19 in soft robots. So far, most studies on LCEs have focused on achieving complex deformation in  
20 thin films over centimeter-scale areas with relatively small specific energy densities. Here, using  
21 an extrusion process, we fabricate meter-long LCE composite filaments that are responsive to both  
22 IR light and electrical fields. In the composite filaments, a small quantity of cellulose nanocrystals  
23 (CNCs) is incorporated to facilitate the alignment of liquid crystal molecules along the long axis  
24 of the filament. Up to 2 wt% carbon nanotubes (CNTs) is introduced in LCE matrix without  
25 aggregation, which in turn greatly improves the mechanical property of filaments and their  
26 actuation speed, where the Young's modulus along the long axis reaches 40 MPa, the  
27 electrothermal response time is within 10 s. The maximum work capacity is 38 J/kg with 2 wt%

1 CNT loading. Finally, we demonstrate shape transformation and locomotion in several soft  
2 robotics systems achieved by the dual responsive LCE/CNT composite filament actuators.

3

#### 4 **1. Introduction**

5 Conventional robots are made of rigid materials such as metal. Although they can be designed to  
6 complete sophisticated tasks by incorporating multiple motors or pneumatical systems, they are  
7 often heavy, tethered and non-adaptive to environmental changes, limiting their capabilities to  
8 work intelligently and complete complex tasks as bioorganisms do.<sup>[1]</sup> Soft robots that are light-  
9 weight, offering additional degrees of freedom and compliance are attractive. However, their  
10 softness could also make it difficult to control the shape change and locomotion, or lift heavy  
11 weights. To precisely and locally control the shapes and locomotion with considerable strain  
12 requires embedded intelligence. Recently, functional soft materials such as environmentally  
13 responsive hydrogels,<sup>[2]</sup> shape memory polymers (SMPs)<sup>[3]</sup> and liquid crystal elastomers (LCEs)<sup>[4]</sup>  
14 have been extensively studied. Compared to the isotropic deformation of hydrogels and  
15 conventional SMPs, the intrinsic anisotropy of liquid crystals (LCs) coupled with rubber elasticity  
16 in LCEs make them superior as actuators for more forceful and faster responses yet at lower energy  
17 cost. Above the nematic to isotropic phase transition temperature ( $T_{NI}$ ), due to the anisotropic  
18 mechanical property of the LCE networks, the network contract along the LC director field and  
19 expand in the perpendicular direction (**Figure 1a**),<sup>[4]</sup> leading to reversible and anisotropic shape  
20 deformation with up to 500 % strain.<sup>[5]</sup> The actuation of LCEs depends on the molecular alignment  
21 of LCs in the network. Nearly all compressive strain leads to extension in the perpendicular  
22 direction (or soft direction) of LCEs. Since elastic energy density of deformation is quadratic in  
23 strain, the energy input requirement in the soft direction will be minimal. Meanwhile, if we can

1 control the intrinsic anisotropy, we can pre-program the actuation. We note that the spatial control  
2 of LC director fields is essential to realize complicated deformation within a monolithic LCE.  
3 Several methods have been developed to realize spatial control of LC alignment in thin films (~100  
4 microns thick and a few centimeter wide/long) to achieve complex actuation modes, including  
5 microchannels,<sup>[6–8]</sup> photoalignment<sup>[9–11]</sup> and 3D printing.<sup>[12–15]</sup> However, the thin-film based  
6 actuators are highly confined by the substrates they are prepared from, which, here, determine the  
7 orientation of LC molecules and the overall sample dimension, thus, limiting the scalability and  
8 integration of the actuators with the soft robots at an arbitrary location.

9 Work capacity is another important parameter to be considered for advanced soft robots. It  
10 describes the amount of work an actuator can generate within a fixed period of time. The earlier  
11 versions of soft robots cannot sustain heavy objects like the conventional rigid robots. Due to the  
12 intrinsic compliance of soft materials (modulus in the range of  $10^4 - 10^9$  Pa),<sup>[1]</sup> they often lack the  
13 desired mechanical strength to generate high work capacity and LCEs are no exceptions. Several  
14 efforts have been made to increase the work capacity of LCE actuators, including forming  
15 interpenetrating double networks of LCE and LC thermoset,<sup>[16]</sup> laying up carbon nanotube (CNT)  
16 sheets on LCE films,<sup>[17]</sup> and stacking multiple layers of LCE films.<sup>[11]</sup> Nevertheless, multi-step  
17 fabrication processes are required. More importantly, the sample size has been restricted to  
18 centimeter scales. A scalable, facile method to fabricate LCE actuators with both controllable  
19 deformation and large work capacity is highly desired.

20 Notably, the agile yet forceful locomotion by human and animals are usually enabled by the  
21 musculoskeletal system, where rigid bones provide support and stability, contractible muscles  
22 offer stretching ability, and the connecting tissues such as tendons and ligaments offer flexibility  
23 (Figure 1b). The work capacity of human muscle can reach 40 J/kg with a maximum strain over

1 40%.<sup>[18]</sup> To mimic both the dexterity and robustness in the musculoskeletal system, we extrude  
2 meter-long LCE filament based actuators. To increase the mechanical strength of the filaments,  
3 we add cellulose nanocrystals (CNCs) and CNTs. Based on the photothermal effect of CNTs and  
4 the Joule heating effect of copper wires, we show that the LCE/CNT composite filaments exhibit  
5 both IR-light and electrothermal responsiveness, while achieving large work capacity (38 J/kg with  
6 2 wt% CNT loading) and fast response time. We show that the filaments can be laid into arbitrary  
7 patterns for shape transformation or integrated in different robotic systems, demonstrating a  
8 photoresponsive hopping unicorn, an electrothermally responsive flying eagle, and a multi-  
9 functional swing set with three locomotion modes.

## 10 **2. Results and Discussion**

### 11 **2.1. Scalable Fabrication of LCE/CNT Composite Filaments**

12 We formulate an LCE/CNT ink (Figure 2a) that can be extruded at room temperature while  
13 maintaining LC alignment along the extrusion path with a large nozzle diameter (inner diameter  
14 I.D.= 900  $\mu\text{m}$ ). To enable the extrusion process at room temperature, we choose the LC chemistry  
15 based on an oxygen-mediated thiol-acrylate click reaction reported earlier.<sup>[7]</sup> First, we pre-  
16 oligomerize the diacrylate (1,4-bis-[4-(6-acryloyloxyhexyloxy) benzoyloxy]-2-methylbenzene,  
17 known as RM82) with a short chain dithiol (1,3-propane dithiol) through a base-catalyzed click  
18 reaction to obtain a mixture of thiol-terminated oligomers, referred as RM82-1,3 PDT. The 1:1  
19 molar ratio mixture of LC oligomers RM82-1,3 PDT and RM82 show a large nematic window  
20 covering the room temperature, and can be UV crosslinked via the free-radical polymerization to  
21 lock the LC molecular alignment along the extruded direction within several seconds. The LCE

1 ink is first heated at 80 °C for 30 min before extrusion to obtain the favorable viscoelastic  
2 behavior<sup>[12,19]</sup> and then cooled down to room temperature for extrusion.

3 Unlike 3D printing of LCEs, where the nozzle I.D. has to be 150 μm or smaller,<sup>[13,14]</sup> here we are  
4 able to extrude filaments with a diameter of 860 μm without deteriorating LC molecular alignment.  
5 We compare filaments extruded from nozzles of different I. D. (Figure S1), and show well-aligned  
6 filaments can be extruded from the nozzle of I.D. as large as 900 μm, comparable to those obtained  
7 from 500 μm I.D. nozzle (Figure S2) due to small addition of cellulose nanocrystals (CNCs) and  
8 extremely efficient UV crosslinking. Our capability of fabricating actuatable LCE filaments with  
9 large diameters is essential for large scale soft robotic applications. When adding up to 2 wt%  
10 multiwalled CNTs (MWCNTs), we not only enhance the mechanical strength and work capacity  
11 of LCE filaments, but improve the actuation speed and provide IR-light responsiveness.

12 The extrusion process of the LCE/CNT composite filaments is shown in Figure 2b. The LCE ink  
13 is extruded at a constant rate of 50 μL/min by a syringe pump, where the pump is fixed in an  
14 upright position to eliminate the gravity effect and improve the uniformity of filaments. Once the  
15 ink is extruded out of the nozzle, it is exposed to UV light for a few second like the process for  
16 pure LCE filament to lock the LC alignment and the filament shape, followed by collection from  
17 a rotating mandrel (2 rads/min) at the bottom. The shear force during extrusion induces the LC  
18 molecular order along the extrusion path (insert of Figure 2b), enabling the large deformation of  
19 LCE/CNT composite filaments along the filament long axis. When extrusion is completed, the  
20 filaments are removed from the mandrel and fully crosslinked by an additional flood UV exposure  
21 at a total dosage of 100 J/cm<sup>2</sup>. This fabrication method is facile and stable, hence readily scaled-  
22 up. As shown in Figure 2c, a 1.4-meter-long LCE/CNT filament with rather uniform diameter is  
23 fabricated continuously in a single extrusion process without breakage.

1 Due to the large van der Waals interactions, CNTs tend to aggregate together, which will not only  
2 influence the viscosity and shear-thinning behavior of the mixture,<sup>[20]</sup> but also causing non-uniform  
3 distribution of CNTs and breakage of filament during extrusion. As shown in the cross-sectional  
4 scanning electron microscopy (SEM) images (Figure S3), the CNTs distribute uniformly without  
5 aggregation inside the composite filament even at a 2 wt% concentration. Previously, it has been  
6 reported that CNTs aggregated as low as 0.1 wt% in LCE films.<sup>[21,22,17]</sup> We believe that the much  
7 higher loading in our system could be attributed to the shearing force during extrusion. Supporting  
8 this is when we attempt to fabricate LCE/CNT composite films by capillary infiltration the same  
9 LCE/CNT ink into a glass cell, aggregation of CNTs does occur. The much improved loading of  
10 CNTs in LCE matrix allows us to improve the mechanical robustness of filaments without  
11 sacrificing the actuation strain and realize better actuation performance for soft robotics.

## 12 **2.2. The Role of Nanofillers in Muscle-like LCE/CNT Composite Filaments**

13 Our ability to fabricate LCE/CNT composite filaments with well-aligned LC molecules through  
14 extra-large nozzle (900  $\mu\text{m}$  I.D.) is mainly attributed to the addition of nanofiller CNCs. It is known  
15 that CNCs are needle-shaped rigid molecules and can form lyotropic LC phases at high  
16 concentrations.<sup>[23,24]</sup> When functionalized with surface groups, here sulfonate, the charge repulsion  
17 between each other will keep the CNCs separated, hence facilitating the alignment of LC  
18 molecules during the extrusion process. To explore the role of CNCs, we prepare three different  
19 samples with fixed CNT concentration (1 wt%) and vary the CNC concentrations, 0 wt%, 2 wt%  
20 and 4 wt%. We characterize the alignment of composite filaments by wide angle X-ray diffraction  
21 (WAXRD). In two-dimensional (2D) WAXRD patterns, polydomain LCEs exhibit a uniform  
22 diffraction ring, whereas uniaxially aligned LCEs exhibit two high intensity arc areas on the  
23 diffraction ring. As shown in Figure S4, the diffraction pattern changes from a nearly isotropic

1 ring to two distinct arcs with increasing CNC concentration. When we integrate the intensity from  
2 the 2D WAXRD patterns as a function of azimuthal angle  $\psi$  (Figure 3a), the maximum peak  
3 intensity clearly increases with CNC concentrations, indicating the formation of better aligned  
4 nematic phase in the filaments. The appearance of peaks around  $90^\circ$  and  $270^\circ$  suggests that the  
5 nematic directors are along  $0^\circ$  and  $180^\circ$ , which is the long axis of the filament. This trend, however,  
6 cannot be further explored as CNC concentration is greater than 4 wt%, where the viscosity of  
7 LCE ink increases dramatically, hindering the continuous fabrication of uniform composite  
8 filaments. As a result of better alignment with increasing CNC concentrations, the filament with 4  
9 wt% CNC can withstand 15% more strain (from 35% to more than 50%) without diminishing the  
10 Young's modulus (around 24 MPa) according to the tensile test (Figure 3b). The filament with  
11 higher CNC loading becomes more stretchable, which will also lead to larger deformation strain  
12 and benefit the actuation performance. Therefore, we keep 4 wt% CNC doping concentration for  
13 all the following experiments.

14 We now turn our attention to the role of CNTs as nanofillers in the composite filament. We add  
15 CNTs up to 2 wt%; similar to the case of CNCs, when loading of CNTs exceeds 2 wt%, the ink  
16 also becomes drastically viscous, clogging the nozzle during extrusion. Higher CNT  
17 concentrations would also hinder the rapid crosslinking of filaments, since CNTs absorb strongly  
18 in the UV region. CNTs are known for ultra-high mechanical strength and thermal and electrical  
19 conductivity, and thus they have been commonly used in polymer composites.<sup>[21,22,17]</sup> As shown in  
20 the stress-strain curves in Figure 3c, increase of CNT concentrations leads to larger modulus (or  
21 steeper slope), higher maximum stress, and increased stiffness (or lower strain-at-break). At 2 wt%  
22 CNT loading, the LCE composite filament becomes somewhat brittle, which breaks at 41% strain  
23 while the one with no CNTs can endure 53% strain. Meanwhile, the Young's modulus of the

1 composite filaments increases nearly four-fold, from 11 MPa to 40 MPa, when CNT concentration  
2 increases from 0 to 2 wt%. Combining the rigid CNTs with the soft elastomeric LCE matrix, the  
3 composite filaments are significantly reinforced to exhibit much larger modulus at the expense of  
4 a small amount of strain-at-break.

### 5 **2.3. Work Capacity and Actuation Performance**

6 Additionally, CNTs contribute to the photothermal responsiveness of composite filaments.<sup>[25]</sup> The  
7 ability of CNTs to absorb multiple wavelength light, especially in the infrared (IR) region, and  
8 release in the form of heat,<sup>[26]</sup> i.e. photothermal effect, can trigger the phase transition of LCE/CNT  
9 composite filaments under broad-band IR irradiation by raising the temperature above  $T_{NI}$ . As a  
10 result, LC molecules become isotropic and the composite filament shrinks along the long axis.  
11 When the IR light source is removed and heat dissipates, the LCE network returns to the nematic  
12 phase and the filament recovers to the original length. We utilize this mechanism to achieve remote  
13 and precise control of the filament locomotion via IR light. It is noted that an intensity of the broad-  
14 band IR light as low as  $1 \text{ W cm}^{-2}$  is sufficient to trigger the actuation owing to the high loading of  
15 CNTs in the composite filaments, which is much smaller than most required light intensities  
16 reported in literature.<sup>[17,27]</sup> Importantly, the actuation temperature does not change much after  
17 doping CNTs in LCEs.<sup>[28]</sup>

18 Ideally, the actuators should achieve high work capacity while maintaining their adaptivity and  
19 compliance for soft robotics. As shown in Figure 4a and Figure 4b, different weights are hanged  
20 under a single LCE/CNT composite filament and fixed by a clip. By turning the IR lamp on and  
21 off, the filament can reversibly lift up and drop off the weights, generating work during this process.  
22 The work capacity can be calculated as the work done (J) (force exerted times distance travelled)  
23 divided by the mass of the filament (kg). As seen in Figure 4b, a single 2 wt% CNT doped LCE

1 filament can lift a weight that is  $\sim 560$  times of its own weight. Attributed to the enhanced stiffness  
2 and modulus provided by CNTs with slight sacrifice of strain, the work capacity of LCE/CNT  
3 composite filaments increase from 12 J/kg with 1 wt% CNTs to 38 J/kg with 2 wt% CNTs (Figure  
4 4c), which is comparable with that of the mammal skeletal muscle ( $\sim 40$  J/kg),<sup>[18]</sup> and an order of  
5 magnitude larger than that of a pure LCE film.<sup>[6]</sup> When four LCE/CNT filaments (2 wt% CNT)  
6 are physically bundled together, the work capacity increases to 55 J/kg (Figure S5), possibly  
7 because the weight is more evenly distributed among filaments to avoid unnecessary breakage at  
8 the clip due to stress concentration. Moreover, we observe an increase in the actuation speed with  
9 higher CNT loadings: the response time of 2 wt% CNT doped LCE filament to IR lamp decreases  
10 to 28 s compared with 42 s from 1 wt% CNT doped one (Figure 4c), while their recovery speeds  
11 remain similar (Figure S6). The faster actuation speed could be explained by the increased thermal  
12 conductivity in LCE/CNT composites since the increased CNT concentrations would lead to  
13 increased surface area of CNTs, which effectively decreases the heat transfer distance among  
14 CNTs.<sup>[29]</sup> In the recovery process, however, the heat transfer is dominated by the filament surface,  
15 which remains similar for all CNT concentrations.

16 We then measure the actuation stress by dynamical mechanical analysis (DMA) (Figure 4d, Figure  
17 S7). The filament is fixed at a small strain of 0.1 % to ensure the slightly stretched state before  
18 measurement. The IR light is turned on and off with approximately same time intervals and the  
19 stress is recorded *in situ* for 10 cycles with little change, manifesting the reversible shape memory  
20 effect of LCEs as a result of their well-aligned mesogens in the polymer network. As shown in  
21 Figure 4d, the LCE/CNT composite filament with 2 wt% CNT loading could generate a maximum  
22 stress of 1.02 MPa reversibly, more than twice the amount of stress (0.48 MPa) from 1 wt% CNT  
23 doped filament (Figure S7).

## 1 2.4. Photothermal Responsive Soft Intelligent Systems

2 To demonstrate potential applications of LCE/CNT composite filaments as embedded intelligence  
3 in soft robotic systems, we choose the filament with the largest work capacity, i.e. 4 wt% CNCs  
4 and 2 wt% CNTs in LCE. Previously it has been shown that when LC directors are aligned in a  
5 concentric ring geometry, a +1 topological defect is formed at the center. When heated above  $T_{NI}$ ,  
6 the azimuthal contraction along the LC director and the radial expansion around the defect center  
7 lead to the formation of a cone that has been shown for weight lifting.<sup>[6,9]</sup> To precisely control the  
8 LC molecular alignment in this pattern, great efforts have been made in the past including  
9 photoalignment,<sup>[9]</sup> use of patterned microchannels,<sup>[6]</sup> and 3D printing.<sup>[15]</sup> However, the pattern  
10 resolution and sample dimension is highly dependent on the fabrication techniques.

11 Here, we can create an arbitrary two-dimensional (2D) pattern by winding one single filament, e.g.,  
12 into a spiral structure, which can be fixed by a small amount of uncured LCE ink (Figure 5a-b);  
13 the dimension of the pattern only depends on the length of the filament. As a result, the spiral  
14 pattern (1.4 cm in diameter) can buckle up into a cone with a stroke of 1 cm under IR light  
15 irradiation, which is  $\sim 10$  times of its original thickness (Figure 5c-d; Video S1). We further utilize  
16 the meter-long length advantage of our composite filaments as well as the versatility to assemble  
17 them into any arbitrary structure, and demonstrate a manually woven pattern (Figure 5e-f). Under  
18 IR irradiation, the contraction of filaments along the long axis results in the shrinkage in the overall  
19 size of the loosely woven pattern, decreasing in the sample dimension by  $\sim 15\%$  (Figure 5g-h  
20 inserts; Video S2). We note that due to the imperfection of manual fabrication, residual stress in  
21 the pattern could cause the out-of-plane deformation as shown in Figure 5h and Video S3.

22 Compared to 2D films, our 1D LCE/CNT composite filaments possess one more degree of freedom,  
23 thus are ideal for tasks that require system-level integration of actuators. The composite filaments,

1 either single strand or bundled, can be connected to any arbitrary parts of the robotic systems,  
2 much like the muscle fibers in the animal musculoskeletal system, which can deform individually  
3 or collaboratively to achieve programmable and well-controlled complex locomotion.

4 For proof-of-concept, we integrate one single filament with a plush unicorn (Figure 5i-j). The two  
5 ends of the filament are tied on the head and one foot of the unicorn, respectively. In this way, the  
6 unicorn foot can be repeatedly lifted up by 1 cm when IR light is on and be dropped back when  
7 light is off, mimicking the hopping motion (Figure 5k-l; Video S4). Following this simple design,  
8 we expect that this plush unicorn can be turned into a remotely controlled soft robot, where  
9 filaments can be integrated at arbitrary positions of the unicorn body to create in-phase or out-of-  
10 phase locomotion. To better control the dynamic behaviors of the robotic systems, we resort to the  
11 electrothermal effect such that we can potentially use the electrical circuitry and motors to control  
12 the locomotion.

## 13 **2.5. Electrothermal Responsive Soft Intelligent Systems**

14 Electrically powered actuators are desirable for many practical applications owing to their obvious  
15 advantages, including system-level integration and controllability, and energy efficiency.<sup>[30]</sup> One  
16 approach to realize electrical responsiveness is based on Joule heating, where the passage of an  
17 electric current through a conductor releases heat.<sup>[31]</sup> Joule heating has been widely incorporated  
18 into responsive soft materials to provide electrothermal responsiveness,<sup>[32]</sup> because it requires  
19 much lower voltage compared to other electroactive materials such as dielectric elastomers.<sup>[18]</sup>  
20 Here we choose thin copper wires (diameter = 20  $\mu\text{m}$ ) as the Joule heater, as they are highly  
21 conductive, easy to handle, while soft enough not to influence the deformation of the LCE/CNT  
22 composite filaments. To test the feasibility of this approach, a copper wire is curved into a “S”  
23 shape and attached to the back of the spiral pattern assembled from an LCE/CNT composite

1 filament (Figure 6a, Figure S8a). When the voltage is on, the Joule heat generated raises the  
2 temperature above the phase transition of the LCE network, buckling the spiral pattern into a cone  
3 (Figure 6c, Video S5). The spiral pattern could recover to the flat state when the voltage is switched  
4 off and heat dissipates (Figure 6b). The maximum buckling height of the cone is 1 cm, which is  
5 the same as the height under IR irradiation, indicating that copper wires do not interfere the  
6 actuation performance of the composite filaments.

7 Next, we build up an intelligent swing set that can perform three controllable swing motions using  
8 two LCE/CNT composite filaments. The copper wires are periodically wound onto the filaments,  
9 so that the filaments undergo reversible deformation along the long axis via voltage control (Figure  
10 6d). Two filaments are attached to the front and top stands, respectively, and a 10 g plastic chicken  
11 together with an additional 10 g weight (total weight of 20 g) serve as the passenger on the swing  
12 (Figure 6e, Figure S8b). The filaments are controlled by two separate power sources, so they can  
13 be actuated individually to pull the swing to the front or to the top. As shown in Figure 6g and 6h,  
14 the displacement is 6 mm to the front and 8.5 mm to the top. When both filaments are actuated by  
15 power supplies, the chicken and weight experience synchronized motions: swinging to the front  
16 and to the top with the same amount of displacement (Figure 6i). The entire procedure is shown in  
17 Video S6 with each motion repeated five times.

18 Although electrothermal actuation of LCE/CNT composite filaments are ultimately triggered by  
19 heat, it is much faster than photothermal actuation due to the more concentrated heating and energy  
20 input. We adopt the same method to wind a copper wire around a composite filament and attach  
21 the filament to a self-balanced eagle (Figure S8c, Video S7). The contraction of the filament allows  
22 the eagle to fly downwards with an average speed of 10 s, which is almost 3 times faster than that  
23 of the photothermal actuation (28 s), presumably because copper wires have higher heat transfer

1 efficiency than the photothermal effect provided by IR light. The recovery process is also faster,  
2 since electrothermal heating is local and the heat dissipation is more efficient, while the  
3 surrounding environment is also heated during the IR light actuation. In the case of the  
4 electrothermally actuated flying eagle, the average recovery speed is 20 s, half of the time by IR  
5 light actuation, 43 s.

### 6 **3. Conclusion**

7 In conclusion, we have fabricated extrusion-based LCE/CNT composite filaments in a scalable  
8 manner. The nanofiller CNCs facilitate the alignment of LC molecules along the filament long  
9 axis, while the extrusion process enables high loading of CNTs in LCE matrix without aggregation,  
10 resulting in enhanced mechanical robustness and faster actuation speed. The LCE/CNT composite  
11 filaments exhibit both photothermal and electrothermal responsiveness with a maximum work  
12 capacity of 38 J/kg, comparable to the value of mammal skeletal muscles. The actuations are  
13 reversible, fast, and can be integrated into different systems to induce shape transformation and  
14 locomotion. This work demonstrates the versatility of filament-based actuators while the LCE  
15 composites can generate both agile and forceful actuation, which opens the door to create multi-  
16 functional soft intelligent systems.

### 17 **4. Experimental Section**

18 *Materials:* LC monomer (1,4-bis-[4-(6-acryloyloxyhexyloxy) benzoyloxy]-2-methylbenzene  
19 (RM82) was purchased from Wilshire Technologies. 1,3-Propane dithiol (1,3-PDT) was purchased  
20 from Sigma-Aldrich, and RM82-1,3 PDT was synthesized following the literature.<sup>[7]</sup> Photoinitiator,  
21 2,2-dimethoxy-2-phenylacetophenone (DMPA) was purchased from Ark Pharm. Cellulose  
22 nanocrystals (CNCs, 5-20 nm wide, 150-200 nm long) was purchased from The University of

1 Maine Process Development Center. Multiwall carbon nanotubes (MWCNTs, inner diameter 3-5  
2 nm; outer diameter 8-15 nm; length 10-50  $\mu\text{m}$ ) was purchased from Cheaptubes. All chemicals  
3 were used as received without further purification.

4 *Fabrication of LCE/CNT composite filaments:* RM82 and RM82-1,3 PDT were mixed at 1:1 molar  
5 ratio in a glass vial, together with 2 wt% DMPA as photoinitiator, and the two nanofillers,  
6 MWCNTs (from 0 to 2 wt%) and CNCs (from 0 to 4 wt%) at room temperature. The mixture was  
7 then heated to 120  $^{\circ}\text{C}$  and stirred for 5 min before it was loaded into a plastic syringe. The syringe  
8 was heated at 80  $^{\circ}\text{C}$  in the oven for 30 min to enable the oligomerization of the reactants.  
9 Oligomerized LCE ink was extruded by a Harvard Apparatus Pump 11 Elite syringe pump at a  
10 constant speed of 50  $\mu\text{L}/\text{min}$ . The syringe pump was fixed in an upright position so that the nozzle  
11 can face the ground. The 365 nm UV light was provided by LED4D067 4-wavelength high-power  
12 LED source operated by a DC4104 driver from Thorlabs. The UV light at an output power of 85  
13  $\text{mW cm}^{-2}$  was irradiated at the nozzle tip to cure the extruded mixture into the filament shape  
14 before it was collected by a rotating mandrel (Tong Li Tech) located below the nozzle. The  
15 mandrel rotated at a constant speed of 2 rad/min. After extrusion, the fabricated filaments were  
16 removed carefully from the mandrel using tweezers and underwent flood UV exposure at a total  
17 dosage of 100  $\text{J}/\text{cm}^2$  to completely cure the LCE filaments.

18 *Tensile Testing:* The tensile tests were carried out on an Instron 5564 model, and a tensile load cell  
19 with capability of 10 N was used. All the samples had the same initial length before testing (10  
20 cm) and pulled till breakage. The speed of the moving load cell was fixed at 5 mm/min. The stress-  
21 strain curve was calculated from the force-displacement curve obtained, the diameter, and the  
22 initial length of the filaments.

1 *Dynamic Mechanical Analysis (DMA)*: DMA test was performed on an ARES-G2 rheometer. The  
2 filament was manually mounted on the linear fiber tension holder. The holders were moved apart  
3 slowly until a negative axial force was observed to ensure the filament was straight and slightly in  
4 tension. The strain was then fixed while the axial force was recorded over time and the IR light  
5 was turned on and off periodically to activate the reversible contraction of the LCE/CNT  
6 composite filament.

7 *Wide angle X-ray diffraction (WAXRD)*: The X-ray diffraction pattern was collected by the Xeuss  
8 2.0 Dual Source and Environmental X-ray Scattering system with copper source using an X-ray  
9 beam of 1.54 Å wavelength, 50.0 kV, 0.60 mA. The sample chamber was under the vacuum  
10 environment at 20 °C. All data were collected at a sample-to-detector distance of 322 mm, and  
11 calibrated by Silver Behenate standard. Each sample was conducted under the 600 s exposure. The  
12 data analysis and transformation were done in the Foxtrot analysis software.

13 *Optical and Electron Microscope Images*: The cross-sectional SEM images were obtained from  
14 FEI Quanta 600 environmental scanning electron microscopy (ESEM) at 15 kV electron beam.  
15 The reflection mode optical images were taken by an Olympus BX61 Motorized Microscope. All  
16 digital images were taken by iPhone 11 Pro Max.

17 *Work Capacity and Response Time*: Work capacity (J/kg) can be calculated as the work done (J)  
18 (force exerted times distance travelled) divided by the mass of the filament (kg). The distance  
19 travelled was obtained from the actuation videos. The response time of IR actuation was averaged  
20 from DMA data, and the response time of electrothermal actuation was averaged from Video S7.

21 *Photothermal and Electrothermal Actuations*: The IR lamp was purchased from SATCO with an  
22 Impact ls-6b light stand. The intensity of the IR lamp was approximately 1 W cm<sup>-2</sup>. For the IR

1 light actuated spiral pattern and weaving pattern, a petri dish containing DI water was put  
2 underneath the composite filament pattern for more efficient heat dissipation during the recovery  
3 process. The power supply for electrothermal actuation was model QRD 20-4 from Sorensen. The  
4 voltage was 8 V and the current was 1.6 A. All the actuation performance videos were taken by  
5 iPhone 11 Pro Max.

## 6 **Supporting Information**

7 Supporting Information is available from the Wiley Online Library or from the author.

8 Supporting information contains Figure S1-S8 and Video S1-S7.

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## 16 **Conflict of Interest**

17 The authors declare no conflict of interest.

18 Received: ((will be filled in by the editorial staff))

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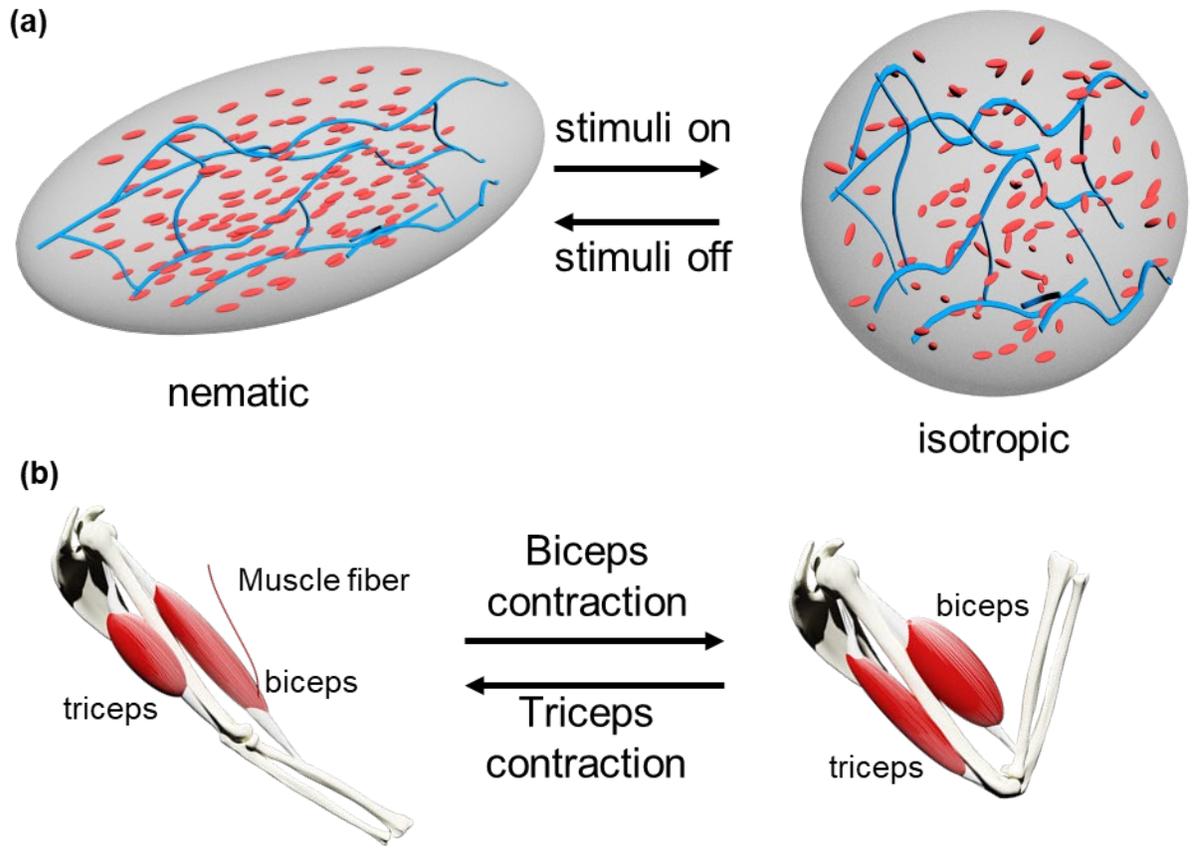
20 Published online: ((will be filled in by the editorial staff))

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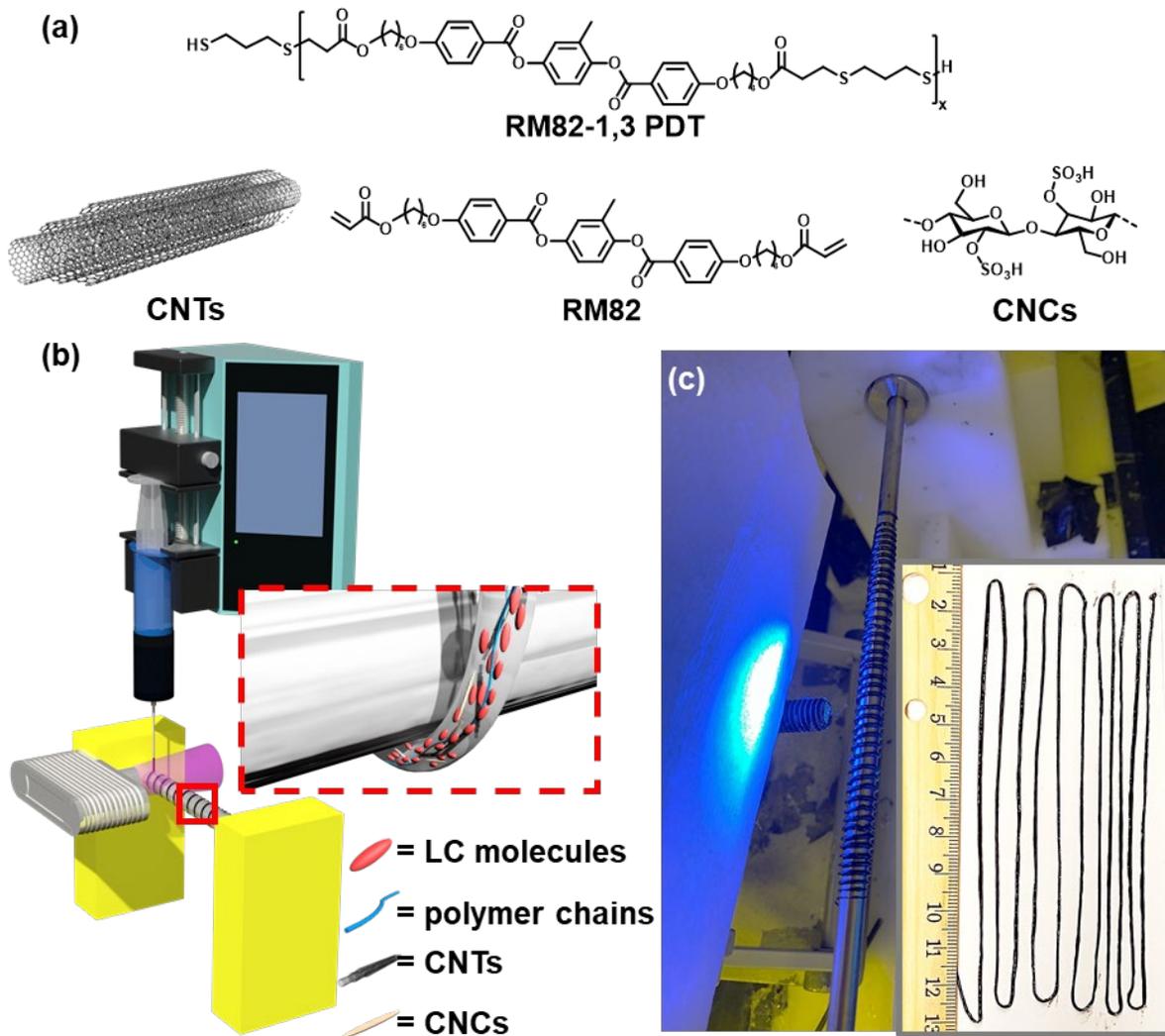
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1

2 **Figure 1.** Design concept for LCE/CNT composite filaments as soft robots. a) LCE working  
 3 mechanism as actuator. b) Muscle-like soft actuator.

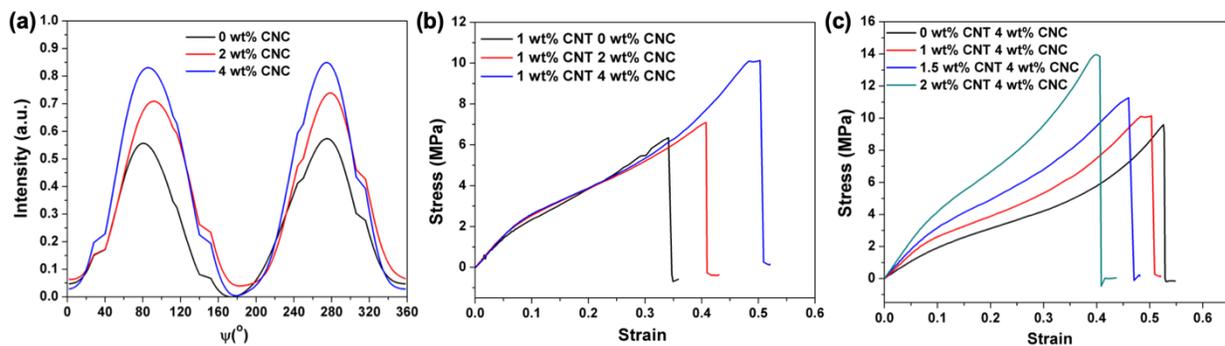
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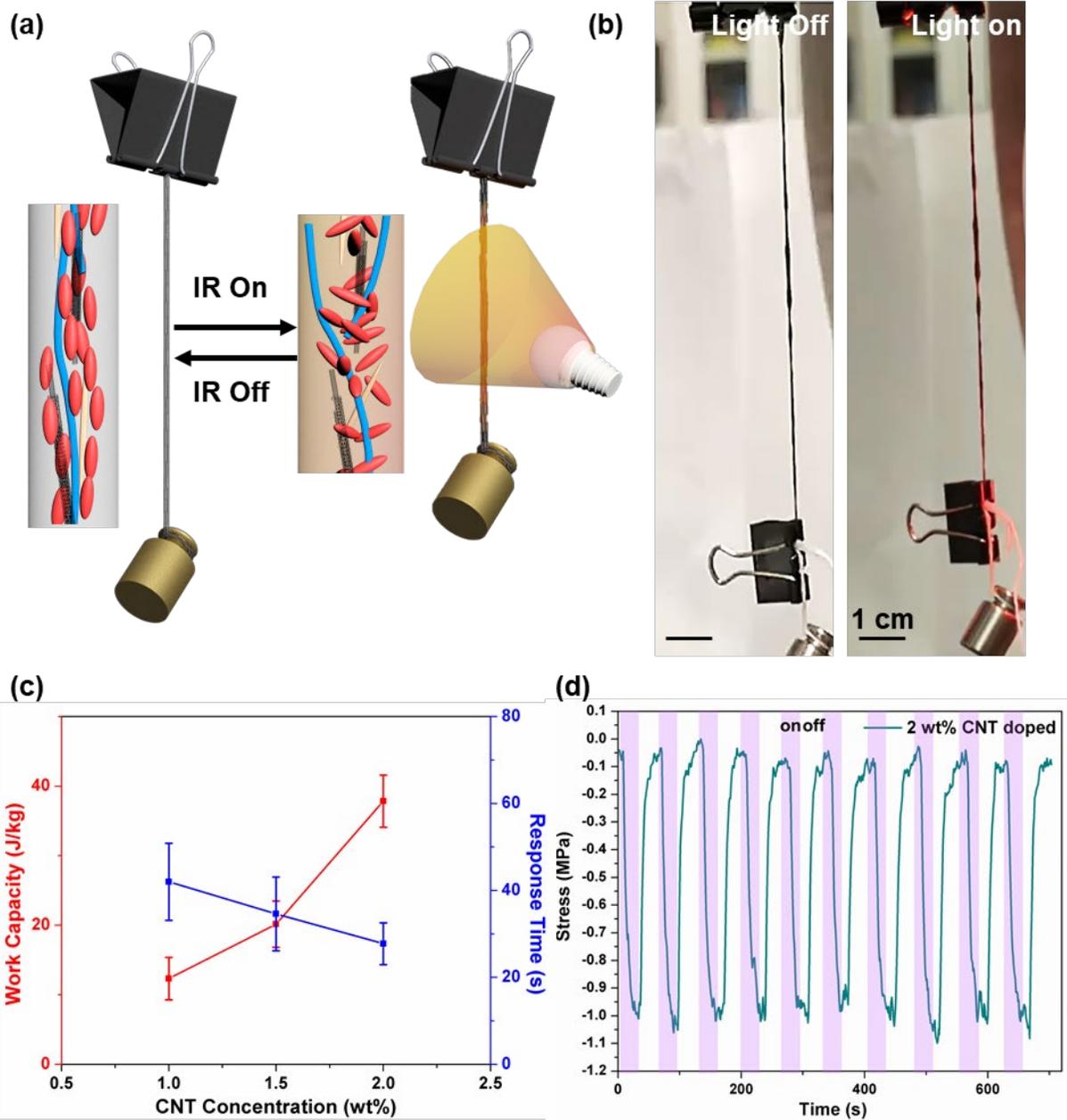
2 **Figure 2.** Fabrication of LCE/CNT composite filaments. a) Chemical structures of LC materials  
 3 RM82 and RM82-1,3 PDT, and schematic illustrations of CNCs and CNTs. b) Schematic  
 4 illustration of the fabrication process. c) Digital images of obtained LCE/CNT composite filaments.  
 5 Insert: a 1.4-meter-long filament.

6



1  
 2 **Figure 3.** Effect of CNC and CNT concentrations in LCE/CNT composite filaments to LC  
 3 alignment and mechanical properties, respectively. a) WAXRD azimuthal profiles of the  
 4 composite filament with varying CNC concentration. b) Stress-strain curves of varying CNC  
 5 concentration but fixed CNT concentration (1 wt%). c) Stress-strain curves of varying CNT  
 6 concentration and fixed CNC concentration (4 wt%).

7



1

2 **Figure 4.** Photothermal effect and IR-responsive actuation of LCE/CNT composite filaments. a)

3 Schematic illustration of photothermal effect and reversible actuation of filaments by IR light. b)

4 Digital images of the reversible actuation of 2 wt% CNT doped LCE filament lifting a 6.1 g object.

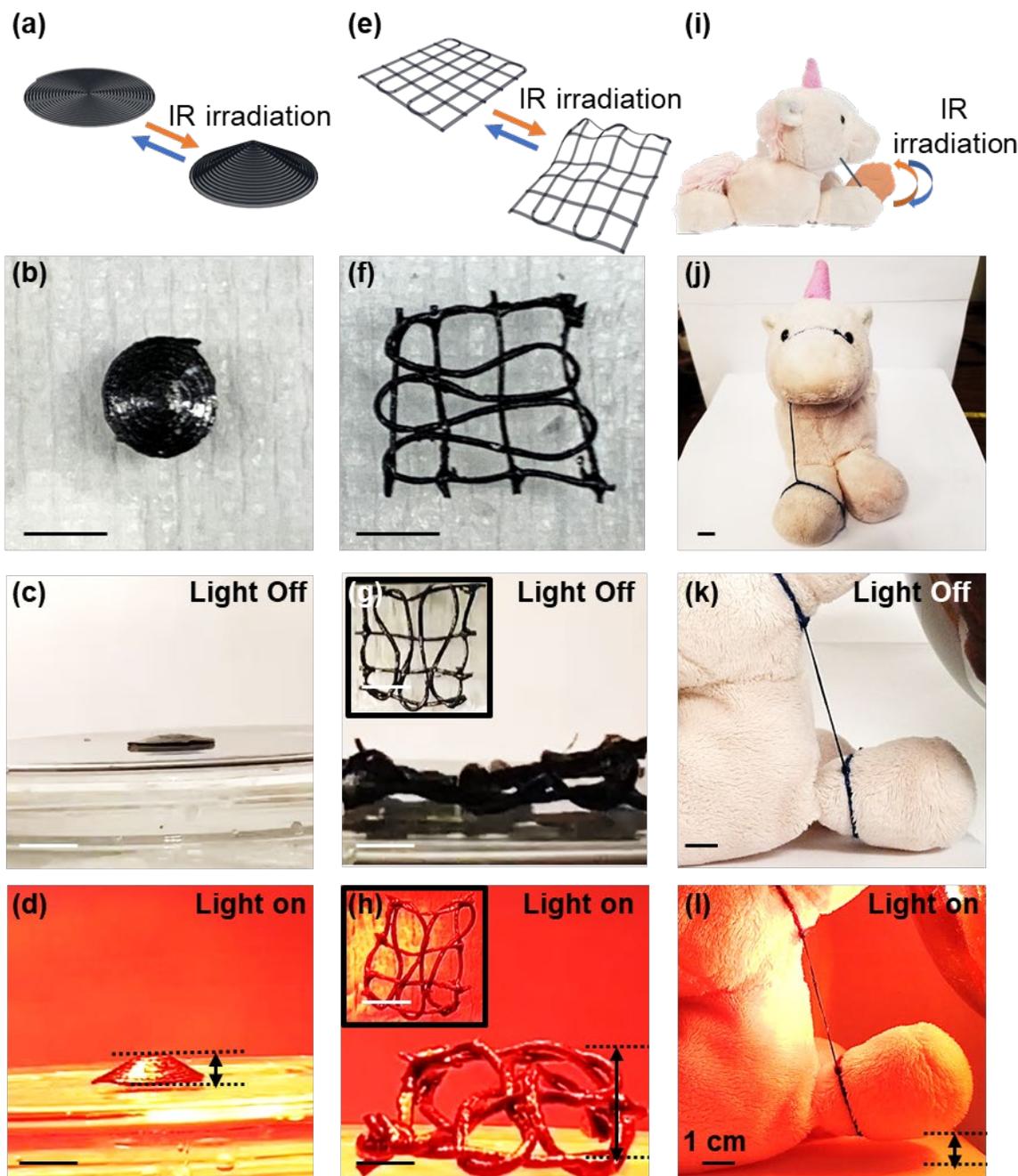
5 Scale bars in both images are 1 cm. c) Work capacity (red) and response time (blue) of LCE/CNT

6 composite filaments lifting objects of different weights as a function of doped CNT concentration.

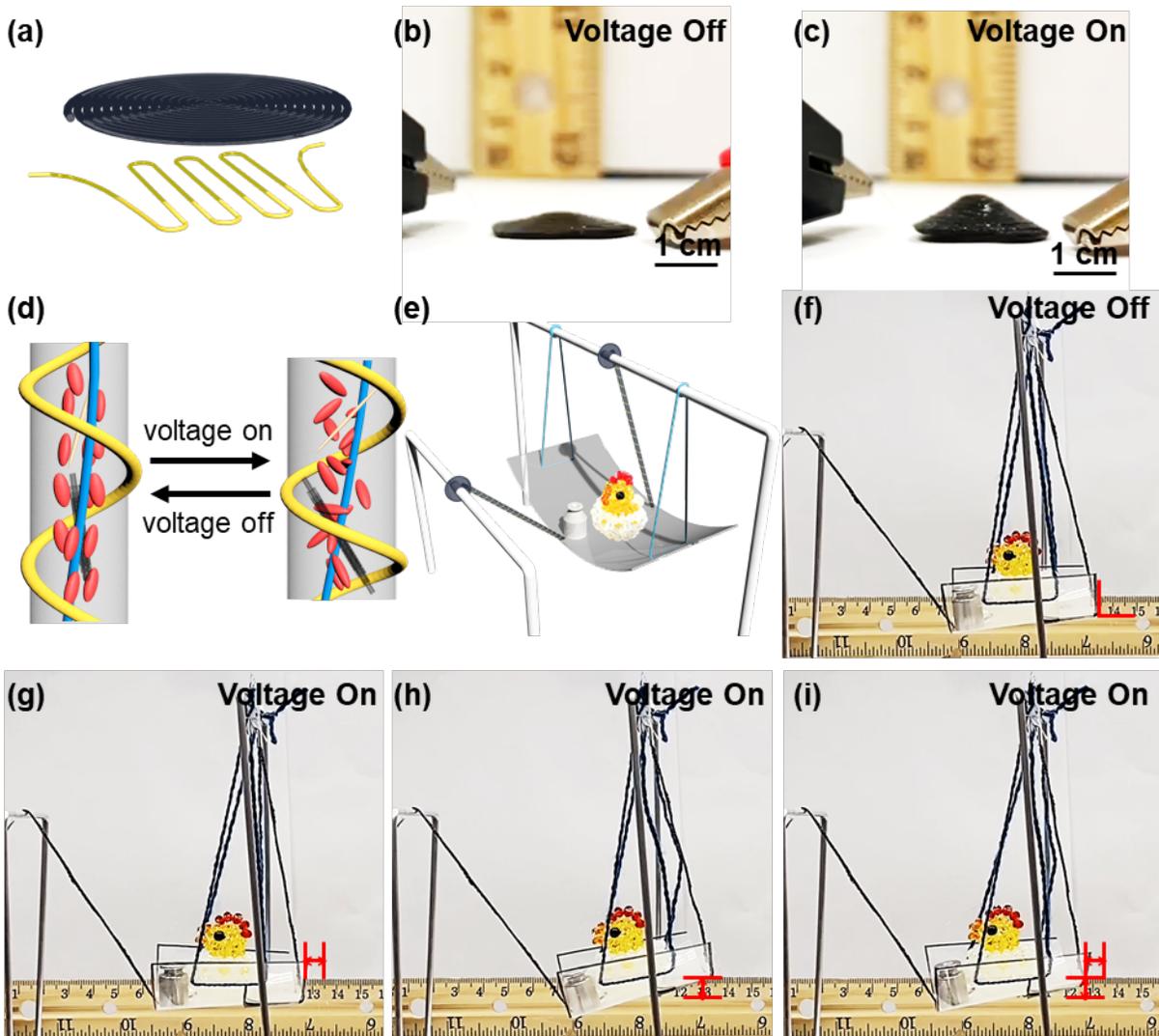
7 d) Actuation stress of 2 wt% CNT doped LCE filament when IR light is periodically turned on and

8 off over 10 cycles.

9



1  
 2 **Figure 5.** Photothermal responsiveness of LCE/CNT composite filaments (2 wt% CNT doped) in  
 3 different geometries and patterns. a-d) a spiral pattern. e-h) a weaving pattern. i-l) a single filament  
 4 connected to a plush unicorn. a,e,i) Schematic illustrations of photothermal responsiveness of the  
 5 filament actuators. b,f,j) Digital images of LCE/CNT composite filaments function as different  
 6 actuators. c,g,k) Side view digital images of LCE/CNT composite filament actuators when IR light  
 7 is off. Insert in g) is top view. d,h,l) Side view digital images of LCE/CNT composite filament  
 8 actuators when IR light is on. The actuation stroke indicated by the arrows in d),h),l) are 1 cm,  
 9 1.97 cm and 1 cm, respectively. Insert in h) is the top view. Scale bar in l) applies to all digital  
 10 images.



1  
2 **Figure 6.** Electrothermal responsiveness of LCE/CNT composite filaments (2 wt% CNT doped)  
3 function as different soft intelligent systems. a) Schematic illustration of a spiral pattern with  
4 attached copper wires. b) Side view digital image of LCE/CNT composite filament actuator when  
5 voltage is off. c) Side view digital image of LCE/CNT composite filament actuator when voltage  
6 is on. d) Schematic illustration of the electrothermal actuation of a filament with copper wires  
7 based on joule heating effect. e) Schematic illustration of a swing with two individually  
8 controllable swinging directions. The weight and the chicken are both 10 g. f) Side view digital  
9 image of the swing when voltage is off. g-i) Side view digital image of the swing when voltage is  
10 on. Red bars indicate swinging distances. g) swing to the front; h) swing to the top; i) swing to  
11 both the front and the top.

12

1 **Table of Contents**

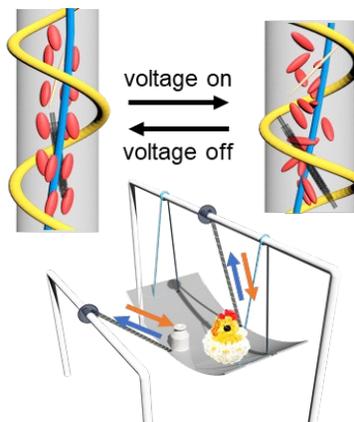
2 **Shaping and Locomotion of Soft Robots using Filament Actuators made from Liquid Crystal**

3 **Elastomer-Carbon Nanotube Composites**

4 J. Liu, Y. Gao, H. Wang, R. Poling-Skutvik, C. Osuji and S. Yang\*

5 **Keyword:** soft robots

6 Taken the inspiration from the natural musculoskeletal systems, a facial fabrication approach to  
7 obtain meter long liquid crystal elastomer composite filaments as soft robots is developed. The  
8 carbon nanotubes in the composite greatly enhance the mechanical property, work capacity and  
9 actuation speed of filaments. The photo and electrical responsiveness of filaments allow for  
10 integration into multiple intelligent systems to trigger locomotion.



11